



Monday 3 November 2008

The Friends' Meeting House, Brighton

This exciting conference aims to give a national platform for LGBT mental health initiatives developed in Brighton and Hove, including LGBT mental health services, service user involvement, research, partnership working, community and strategic development.

There will be opportunities to meet people from all over the country and a chance to build on a growing national network of LGBT mental health groups. The conference will have experiential elements and will be both stimulating and fun.



Chair: Paul Farmer, Chief Executive, Mind



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**The Friends' Meeting House,
Brighton**

**LGBT
MENTAL HEALTH
CONFERENCE
08**

**SUICIDE AND SURVIVAL
IN LGBT COMMUNITIES**

**FOCUSsing THE MIND
PHOTOGRAPHY EXHIBITION**

WORKSHOPS INCLUDE:

- **Transgender mental health**
- **Promoting positive mental health for LGBT young people**
- **Count Me In Too – local mental health research**
- **Setting up LGBT mental health initiatives**
- **Suicide Prevention initiatives**
- **Access to psychological therapies for LGBT people**
- **Mindfulness meditation**
- **Queer therapy**
- **Hate crime and mental health**

Suitable for LGBT people with experience of mental health issues, service providers, commissioners and policy makers.



**For more information
contact**



01273 722550

A £10 returnable deposit secures a place, please see our website www.lgbtmind.com for booking information. Please book as soon as possible as places are limited.

The MindOut LGBT Mental Health Conference 2008 is part of the Time to Change consortium. www.movingpeople.org.uk

time to change

let's end mental health discrimination

